

## **Aichach-Friedberg District -- The Cradle Of Old Bavaria**

The Aichach-Friedberg District is located in south-central [Bavaria](#), where you will find plenty of rural scenery, lots of picturesque villages, and a just a couple of larger towns.

Many Germans consider this region to be the “Cradle of Old Bavaria” because it was first settled 10,000 years ago by nomadic tribes, and then became the seat of the Wittelsbach dynasty, which ruled Bavaria from 1180 to 1918.

### **Aichach-Friedberg District Map**

### **Towns & Villages in the Aichach-Friedberg District**

- Adelzhausen
- [Affing](#)
- [Aichach](#)
- Aindling
- Baar (Swabia)
- [Dasing](#)
- Eurasburg
- [Friedberg \(Bavaria\)](#)

- Hollenbach
- Inchenhofen
- [Kissing](#)
- Kühlbach
- Merching
- [Mering](#)
- Obergriesbach
- Petersdorf
  
- [Pöttmes](#)
- Rehling
- Ried
- Schiltberg
- Schmiechen
- Sielenbach
- Steindorf
- Todtenweis

Near the town of [Aichach](#) on the Paar River, you will find only a stone marker where the Wittlesbach Castle originally sat. But you can still see the town's restored towers and old upper gate in the wall first erected in 1126 and rebuilt in 1697.

Fifteen kilometers southwest of Aichach is [Friedberg](#), the largest town in the region and counted among the 28 stops along Germany's acclaimed Romantic Route. Stop here to see Friedberg Castle, now housing a famous watch museum.

[Kissing](#) sits deeper south on the Paar, entreating you to visit the *Hiasl Erlebniswelt*, a museum dedicated to Bavaria's version of Robin Hood. Then [Mering](#) calls you further downstream to marvel at the baroque St. Michael Church built in 1789.

Cycling the countryside is a great way to experience the Aichach-Friedberg District. Farms dot the region, as do numerous environmental preserves. Nature is widely protected in the area, which is home to many rare species of animals and plants.