

Alfeld (Leine) Didn't Put Snow White But Tourists To Sleep

When you first get to Alfeld, you might wonder why every sign and brochure about the city is covered with Snow White and the Seven Dwarves. This city in [Lower Saxony](#) used to claim Snow White as the most popular daughter of the city.

Being located between the [Leine River](#) and the *Sieben Berge* (the Seven Mountains), the Seven Dwarves and Snow White are said to have lived in this area.

Recently, it was discovered that this character from the Brothers Grimm wasn't born here when the two brothers passed through the town traveling and writing. That doesn't stop tourists at all, and if you are looking for a bit nature from the Snow White fairy tale, check out the Snow White Trail, which will take you through fields and forests.

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Looking around the city, you are going to find buildings from nearly every century. The Town Hall in the center of the town dates from the 16th century, the Latin School dates from the 17th century, and the town wall dates from the 18th and 19th century.

If you like architecture, you are going to be able to see a lot of the different styles just by standing in the middle of the city and turning around in a circle.

Those who are interested in modern architecture probably already know that this town is where the Bauhaus style got its groundings. Although not the birthplace of this architectural movement, here you can see many buildings that are even earlier than the official Bauhaus movement.

When you travel to a new place, you might notice that you have trouble falling asleep. If that

sounds like you, a trip to the Sleep and Snoring Museum might just give you a bit of insight to this problem. ;-)

Alfeld has been home to Germany's first museum for snoring since the 18th century, and there is even a sleeping laboratory where patients can be observed while sleeping to try to treat some of their problems.