

Altenholz Is An Old Timber Town With A Penchant For Hand Ball

Altenholz has a great affinity for the great outdoors and have gone all out to make the best of it. For starters they have over forty sports clubs which probably means we are talking about an extremely fit community here. So, if you think along these same lines when it comes to health and fitness, you certainly have come to a town that offers more choices than most.

TVS Altenholz is the place to be if you want to check out the sporting scene in town. You can rest assured they have your biking, hiking, and walking routes all mapped out and laid out for you.

Other than that, Altenholz is best enjoyed from the old town area. You will find that the Town Hall here is considerably different from the usual Renaissance or Baroque architecture. Instead, you have this red brick and timber building with sloping roofs that simply stands up to be counted.

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More buildings of interest are to be found in the area and all it takes is a leisurely stroll along those narrow streets.

Check out the ultra-modern façade of the Evangelical Lutheran Church. It is certainly not what you were expecting. A study in contrast would be the Catholic Church of St. Henry.

Altenholz's proximity to the [Baltic Sea](#) considerably increases your leisure choices. The [Danish Wahld](#) and the Hüttener Mountain ranges form part of the hill country region along with Altenholz giving you more sport from beach combing to mountain climbing. The Rathmannsdorf lock on the Eider Canal is a local beauty spot and gives you an idea of the scenic splendor of the town.

Altenholz has a lively cultural scene from the flea markets in the vicinity of the Lutheran Church to live band music by the Church Band and the Entrepreneur's Fair. You might even get to join in a game of volley ball or hand ball or at least watch one played by the local children.

Lastly, a quaint yet friendly shopping arcade in the heart of the city is a great place to hang around if you simply want to soak in some local color.