

## Bad Dürrhein Is Where Swabian Alb Kisses Black Forest

Bad Dürrhein is one of those places where it's as good as it can possibly get — anywhere in the world. What else can you say about a place that is right on the edge of the spiritual [Swabian Alb](#), but the mystic [Black Forest](#), too? You've got the best of it all in Bad Dürrhein.

Many towns and villages within the Alb seem to end in -ingen and a few of Bad Dürrhein's villages really live up to that. A few are over 1200 years old, but none are younger than a millenia. What does all that mean? It means there's some great history to be found, in addition to the prime health & wellness spas.

You could choose to do it all, or do nothing and still have a grand time here. Although, if history is what you're after then be sure to visit the Village Church of Biesingen, St. Martin Protestant Church in Oberbaldingen, St. Gallus Church, and the 400 year old farm in Unterbaldingen.

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Wait, there's more! The village of Hochemmingen has the beautiful church of Saints Peter & Paul, some early settler hill graves, and the remnants of what is called a fleeing castle where medieval serfs ran for cover when invading marauders came to stir up trouble.

Along the same lines, you'll find a fine example of a medieval Military Church, which served the spiritual needs of Öfingen's residents, as well as where villagers went in times of danger.

A visit to Bad Dürrhein's local history museum isn't a bad idea. Neither is a stop over to the *Narrenschof*, which is a fun museum of the Fool's Guild of the Black Forest Region and the merry making fun of Mardi Gras.

Now it's time to relax and no place better to do that is *Solemar*. A wellness and health center, where visitors are treated to salt baths, time in the sauna, and even a workout at the fitness center.

The countryside is the perfect backdrop when playing at Bad Dürrhein's Sports Park. Here you can golf, skeet shoot, try a Nordic Walking trail, cycle, or play a game of miniature golf. There are good old fashioned walking and bicycling trails through town, the Swabian Alb, and the Black Forest.

As the Black Forest area gave us Black Forest ham and Black Forest Cake (that yummy chocolate cherry concoction that's just about every chocolate lovers dream), you'll know that you'll find some down right delicious treats while you're here.

As you can easily see, you can do some serious sightseeing, eat til you're more than full, play almost any sport, or just walk amongst the quiet trees in the Black Forest. You could choose to do nothing but sit in a salt water bath relaxing tired muscles and you'd still manage to have a glorious time in Bad Dürrhein.