

## Bad Endbach -- Easing Spa Treatments In The Westerwald

When winter's given you the blues, or snow's got you stuck in the house with the kids (and you're about to pull your hair out ;-)) you could think of posh Bad Endbach.

But, first let me tell Bad Endbach does get snow, so don't think of coming here for a tropical island retreat. It's a winter sports haven with regular and cross-country skiing, so if anything it'll get you out of the house and let the kids unload some of that pent up energy they always seem to have. ;-)

Secondly, no matter the season Bad Endbach's mineral springs are at a constant temperature of 37° C (99° F). While blizzards are hammering some other parts of the globe, you'll be floating nicely in quite a warm bath that will take away any wintertime ache you've got.

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Even Kneipp gets into the spa action with a Kneipp park that will also get you feeling like a million dollars. The Kneipp Museum might not, but it'll at least fill you in on this healthy way of life.

Another museum is the Local History Museum in the village of Wommelshausen. These types of museums are great for getting into the real cultural side of a place.

Other ways to experience the culture of Bad Endbach (as if the spa isn't enough) is to join in a guided hiking tour (or one on your own — there are 24 of them) around the [Westerwald](#) Mountain Range (there are Nordic Walking trails too), take in an evening of chess matches, or join the ladies for afternoon tea.

In addition to everything you're already read about, I've got more to tell you. For you medieval knight wannabes (or just your average history loving ilk) there's a 12th century Evangelical Church

and a 13th century Romanesque *Marienkapelle* (once a pilgrimage site for the devout).

All that's left for you to do is cycle around the *Herbstwald* and see the 550 year old Oak tree. Maybe if it wasn't winter, it'd be the perfect place for a picnic. C'mon Spring!