

Bad Nenndorf -- Fortunately, The Devil Is Out Of Town! ;-)

[Lower Saxony](#) is where you'll find the town of Bad Nenndorf and one of the most super fabulous spa facilities anywhere.

Bad Nenndorf's origins are a bit vague, with some scholars thinking it was founded around the 9th century. However, Bad Nenndorf's church wasn't built until around 1136. Yet still, its name was said to be first mentioned in the year 936.

Let the historians fight it out between themselves, while you get to experience the place. People have flocked here since the 18th century even though the sulphur springs were discovered back in 1546 already. Silly medieval superstitions kept people from enjoying the curative properties as they thought the smell was the devil's doing (oh, wow, that's putting it as delicately as I could!).

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The place to go for spa services is the beloved *Landgrafentherme*. Its got Roman Bath, a Sea Salt Grotto (good for allergies), an Oriental style steam bath known as *Rhassoul*, a Finnish & Herbal sauna, stone therapy massages services, and everything in between. Trust me, your joints and skin will thank you!

There's even something called a *Hamam*, which is a Turkish bath experience, using hot and cold water therapy with a bully massage. Although the latter is not my cup of tea, I still think I've found my happy place, so please excuse me for a moment... ;-)

Alright, I'm back!

Landgrafentherme is open everyday starting at 7am and doesn't close until 10pm, so that's a lot

of time to take in all those services or just lounge around its swimming pool (and watch beautiful people passing by).

Bad Nenndorf also offers theater performances for some cultural activities; not to mention all the festivals throughout the year. There's a City Festival in June, a Folk Festival in July, the Feast of Lights in August, and the Harvest Festival in September. My personal favorites are the two Christmas Markets in December for twice the holiday fun.

It's a good thing we don't think Bad Nenndorf is the work of the devil any longer and we have a different mindset nowadays. Look what we would be missing out on!