

Bad Rappenau And Its 19th Century Discovery

There is something special about Bad Rappenau. Is it the fact that it is such an old town? Not really.

Although Bad Rappenau was already mentioned in 1343, there are only a couple of historic buildings who give witness of its rich history. The Water Castle is, of course, worth a visit and so is the *Dominikanerhof* and the Protestant Church, but that's pretty much about it.

Is it the laid back small town feel that makes it stand out from the bigger and more renowned spa towns? Hmm...

No, Bad Rappenau would be a sleepy provincial town if it wasn't for a discovery made in the beginning of the 19th century. Read on...

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The locals found out that the salt brine that was found in this area helped to cure many illnesses. As a consequence, patients from all over Europe were sent by their doctors to this town for treatment.

Local entrepreneurs quickly understood the commercial value of this discovery. Nowadays more than 10 spa hotels and resorts cater for ailing patients and wellness tourists alike.

The salt brine of the spa can help against skin diseases, asthma and rheumatism. Maybe the prospect of mud baths does not appeal to you, but to be covered in this warm salty brine is a relaxing and invigorating experience for many.

By the way, there's a small museum in the center of town that tells the history of brine and the development of the town as a spa.

After indulging in the spas for a couple of days you might want to explore the surrounding area. Bad Rappenau is situated in the green [Kraichgau](#) region. There's no better and healthier way to explore the rolling countryside than to rent a bike. There are plenty of sites that you can visit on a daytrip.