

Bad Salzuflen -- Spa Town Of Salt Water Springs

Set amongst fields and woodland in the [Lippe District](#), Bad Salzuflen is a small town with plenty to offer the visitor. This town grew up as a spa town, with it's saltwater springs and thermal baths attracting not only tourism in the past, but also a lucrative trade in the salt itself.

In fact one of the most talked about sites here is part of the old salt works. The Gradierwerk — a great wall of rusted twigs with salt water cascading over it — is definitely worth a visit. This 'artwork' of today forms a huge sight to behold, with benches positioned along its length for your viewing pleasure. It is certainly a tourist attraction you won't find anywhere else!

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Bad Salzuflen itself is a relatively small town, but is crammed with history. The Old Town Hall (*Alte Rathaus*) is an amazing structure in itself.

On top of the main building is a giant pyramid of floors! Four whole floors are balanced within its steep roof, making it look like the entire house standing on a little plinth.

There are street upon street filled with white-washed half-timbered houses here, looking like a scene from a fairy tale. Many of the pedestrianized shopping areas are lined with numerous rows of individual 17th century character properties, just waiting to be photographed.

After hours of shopping, why not head for the main park in Bad Salzuflen? This peaceful recreational area has a large shaped lake with a simple fountain declaring its center. It's likely you will find red squirrels here, chasing each other around the trees while you rest in the shade. It's easy to while away a whole afternoon in this little heaven.

However, if you like the active life, why not head to the great [Teutoburg Forest / Eggegebirge Nature Park](#) for some hiking and trekking. This large area of protected woodland on a great ridge has miles of trails to walk or cycle. And the scenery across this region is stunning!