

Diepholz District -- There's Something For Everyone

In [Lower Saxony](#), to the south of [Bremen](#) and [Delmenhorst](#), is the rural Diepholz District. Famous for its huge lake — the Dümmer — and its farming heritage, the region is filled with museums, windmills and wildlife.

Diepholz District Map

Towns & Villages in the Diepholz District

- Affinghausen
- Asendorf
- Bahrenborstel
- Barenburg
- [Barnstorf](#)
- Barver
- [Bassum](#)
- Borstel (Sulingen)
- Brockum
- [Bruchhausen-Vilsen](#)
- Dickel
- [Diepholz](#)
- Drebber
- Drentwede

- Ehrenburg
- Engeln

- Eydelstedt
- Freistatt
- Hemsloh
- Hüde
- Kirchdorf (Sulingen)
- Lembruch
- Lemförde
- Maasen
- Marl (Dümmer)
- Martfeld
- Mellinghausen
- Neuenkirchen
- Quernheim
- Rehden
- Scholen
- Schwaförden

- Schwarme
- Siedenburg
- Staffhorst
- Stemshorn
- [Stuhr](#)
- Sudwalde
- [Sulingen](#)
- Süstedt
- [Syke](#)
- [Twistringen](#)
- Varrel
- [Wagenfeld](#)
- Wehrbleck
- Wetschen
- [Weyhe](#)
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Lets start with the Straw Museum in [Twistringen](#). It entered the Guinness Book of Worlds Records in 2000 for the largest straw hat ever!

If you like ancient buildings then head to [Bruchhausen-Vilsen](#) which has at least seven major restored mills — some within other buildings and some free standing.

Barver is a central location in the Diepholz District if its the wildlife you seek. With three great parks all within easy reach of here, its a fantastic base for nature adventures.

The shores of the lake in Nature Park Dümmer are protected and encourage huge numbers of wading and migratory birds, while the hiking trails in all three offer a glimpse of the natural side to this region.