

Ebstorf -- Inspiration, Reflection, Lüneburg Heath

Here's a first, I have no silly or sarcastic quips when it comes to the town of Ebstorf. I don't know, it just didn't seem right since Ebstorf has kind of a sacred feel to it.

Perhaps the Stone Age "Royal Tombs" had something to do with it; prehistoric graves that are the final resting place of a long-gone people from some fifty-five hundred years ago.

I'd have to say the Kloster Ebstorf also has a hand in giving the area a holy aura, it's been a place of religious worship and devotion since the year 1160. Religion certainly played a vital role in everyday medieval life, because on a tour of the monastery you'll see the Ebstorf World Map — using Jerusalem as its very center.

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We know these days the world looks much different, but that doesn't mean we have to lose our spirituality. You'll no doubt find it along the *Schöpfungsweg*, a 5.8 km religious route on all things about Creation. There's also the *Inspirationsweg*, 7.2 kilometers designed to inspire and reflect. The shortest route is the *Auferstehungsweg*, designed with 13 stations to take you on a spiritual journey about the Resurrection.

It isn't all about spirituality, they're also about all things Low German — offering meetings about Low German culture, plays, and literature. Besides, whether you speak Low German, High German, English, or whatever, everyone's welcome to join in all the fun at the annual Advent Market and Advent Bazaar; or the *Himberger Markt*, an event that's been taking place for more than 300 years on the first Tuesday after September 1st.

FYI: the only time you won't find this market going on is if the first Tuesday is September 1st.

Drats, you'll have to wait until the following year. Oh well, you'll have to find something else that time to keep you busy.

Ooh, I know, how about a visit to the *Waldemar*, a swimming area where the water's at a constant balmy 25 degrees Celsius, which is 77°F, with a 73-meter waterside, a children's area, and beach volleyball court.

Sounds like a good time to me — just as cycling around the pretty [Lüneburg Heath](#) is. If you really like it, camping's always an option, as is trekking along one of Ebstorf's Nordic Walking trails.

Sounds like another good place to reflect and inspire, don't you agree?