

## Eichstätt District -- Prehistoric Discoveries And Bike Tours

The Eichstätt district in [Bavaria](#) lies right in the [Altmühltal](#), a valley, and Germany's second largest Nature Park. That means opportunities for relaxation and sports all over the place.

### Eichstätt District Map

### Towns & Villages in the Eichstätt District

- Aderlschlag
- [Altmannstein](#)
- Beilngries
- Böhmfeld
- Buxheim (U. Bav.)
- Denkendorf (U. Bav.)
- Dollnstein
- Egweil
- [Eichstätt](#)
- Eitensheim
  
- [Gaimersheim](#)
- [Großmehring](#)
- Hepberg
- Hitzhofen
- Kinding

- [Kipfenberg](#)
- [Kösching](#)
- Lenting
- Mindelstetten
- Mörsheim
  
- Nassenfels
- Oberdolling
- Pförring
- Pollenfeld
- Schernfeld
- Stammham (Ingolst.)
- Titting
- Walting
- Wellheim
- Wettstetten

The Eichstätt district is made for extensive bike tours. More than 360km (224mi) of bike routes through pure nature give you lots of opportunities for exploring this district via the country side. It's one reason why it's considered as being among the most well-known bike tourism regions.

It's also made for cruising on the Main-Danube Canal as well as Jurassic discoveries in the [Franconian Jura](#) and in [Eichstätt](#). Eichenstätt is anyway a town you cannot miss. With prehistoric exhibitions and museums and its proven 140 million year long history, it is one of the jewels in the Upper Bavaria region.

Go for it! :-)