

Essen Sports -- Come And Enjoy Football, Golf And Swimming

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Essen is a sports lover's city. Football fans, avid golfers, handball enthusiasts, swimmers and the like will find their favorite activity somewhere in this modern place.

Football / Soccer

The local team to cheer for is the *Rot-Weiss Essen*. This Essen sports team's history goes back to the early 1900s, where it began as *SV Vogelheim*. After several arrangements and name changes, it finally was given its modern-day name in 1923.

You can easily catch one of the *Rot-Weiss's* home games at Georg-Melches-Stadion (Hafenstraße 97a), a.k.a. "the Hafenstraße" and formerly known as "the Phönixstraße." It has a capacity for over 20,000 spectators.

Golf

Lovers of the golf game will be happy to find several golf courses in Essen. The *Essen-Heidhausen Golf Club* (Preutenborbeckstraße 36) and the *Essener Golf Club Haus Oeffe* (Oeffe 1) are both good bets to get in 18 holes while you're in town. The *Essener Golf-Club* offers both challenging game play with the hilly terrain and beautiful views of the surrounding forest, river and mountains for a perfect golfing experience.

Swimming

Pool lovers will be right at home in Essen. With eight indoor pools and three outside, in addition to another three swimming centers, swimmers will not be lacking anything in Essen. This Essen sport is available to enjoy all year round.

Ice Skating

If you prefer winter sports to summer, then Essen still has something for you. The Ice Skating Rink (*Eissporthalle*, Curtiusstraße 2) is open seven days a week and is easy to reach by public transportation. Take the S-bahns numbered 1 or 21 to get there.

Hand Ball

Essen's hand ball center (Raumerstraße 61) allows fans and athletes to witness this sport in action. It was built in 1975 and offers many amenities for any who plan an overnight stay.

Track and Field

Runners will also find plenty to enjoy in the world of Essen sports. A modern track and field stadium will help you keep in shape on your holiday.