

Fredenbeck -- Endless Enjoyment In The Stade Geest

For anyone looking to enjoy the best of the Stade Geest, you might find the town of Fredenbeck centrally located to do the best this nature area has to offer. This collective municipality is found right next door to [Stade](#), as well as close enough to [Hamburg](#) to get here quite easily.

It's also easy enough to find if you're traveling on such scenic routes as the Elbe Cycle Route (*Elberadweg*), the [German Ferries Route](#), the Lower Saxon Milk Route (*Niedersächsische Milchstraße*), and the North Sea Cycle Route (*Nordseeküstenradweg*), all of which are in close distance.

Didn't I tell you it was in just the perfect location? ;-)

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Now that you're here, what is there to do? Well, I'd say that the best of Freenbeck (its Low German name) is best when you're outdoors. There's a really nice golf course here, as well as horseback riding, and kilometer upon kilometer of bike and hike trails.

Ohh, a really fun way to see Fredenbeck is aboard the *Moor Express*, which operates only between the beginning of May to the beginning of October. But, you're more than welcome to see visit the *Kleinbahnmuseum* (Small Railway Museum) just about anytime of year.

A trip in the great outdoors will also take you to see sights like the Fortress Grauenrort, built by the Prussians back in the 19th century. And it's also a good way to see the Gardens of Europe, full of blooming brightly colored flowers. If you're not afraid of a little hard work, you can learn firsthand how peat is processed for fuel.

The *Heimatmuseum* (Local History Museum) in the village of Kutenholz shows how the peat industry, as well as agriculture, and even shoe making contributed to the city's success.

When nothing but relaxation is on your mind, think of the town's swimming complex. It's got a sandy beach, a playground, and even BBQ areas for everyone to enjoy — and the best part? It's totally free!

As if saving some money isn't enough of a reason to come to Fredenbeck, think of all the wonderful things you're getting to see on top of it here in Lower Saxony.