

Garmisch-Partenkirchen District -- Lace Up Your Boots!

The Garmisch-Partenkirchen District features an incredible 1,200 kilometers of paths for hiking. Here you can experience new highs as you witness the stunning beauty of the [Alps](#) near the Austrian border.

Garmisch-Partenkirchen District Map

Towns & Villages in the Garmisch-Partenkirchen District

- Bad Bayersoien
- Bad Kohlgrub
- Eschenlohe
- Ettal
- Farchant
- [Garmisch-Partenkirchen](#)
- Grainau
- Großweil

- Krün
- [Mittenwald](#)
- [Murnau am Staffelsee](#)
- [Oberammergau](#)
- Oberau

- Ohlstadt
- Riegsee
- Saulgrub

- Schwaigen
- Seehausen am Staffelsee
- Spatzenhausen
- Uffing am Staffelsee
- Unterammergau
- Wallgau
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The Blue Land route is the first you can travel. It begins in the market town of [Murnau am Staffelsee](#), south of [Munich](#) less than an hour by car. This is the Bavaria of picture books, paintings and fairytales, filled with lakes, woods and mountains. Stop in Seehausen or Riegsee for spectacular views.

Your second course is through the Ammergauer Alps. Your trek will include the charming towns of [Oberammergau](#), Ettal and Unterammergau. But for a bit of relaxation, why not try the wonderful wellness spas of Bad Kohlgrub and Bad Bayersoien.

The third course you can take is called the Karwendel Alpine World, centered on the town of [Mittenwald](#) in the deep southeast. Pass through Krün and Wallgau as you witness astonishing nature, including alpine lakes, waterfalls, and the awesome Gorge of Ghosts, surrounded by mountains rising over 2,000 meters.

Finally, you can make your way through “Zugspitze County,” named after Germany’s highest mountain, the [Zugspitze](#), which towers to the south at 2,962 meters above sea level. Many of the hiking paths here start at Partnach Gorge, with its frothy rapids, open year round. As you hike you will pass through Grainau, Ohlstadt, and the district’s seat and leading tourist resort, [Garmisch-Partenkirchen](#).