

Hügelsheim -- Truly A Special Spargeldorf

Oh yeah, it's time to get down to the serious side of eating around here in Hügelsheim, also known as a *Spargeldorf*, or Asparagus Village.

What? Don't judge me, sometimes all you want to do is sit down and munch away on some of the freshest veggies known to man. It is the "King's Vegetable," ya know?

Every year from April to June many of the local restaurants in this part of [Baden](#) serve up some mighty good eats, so be prepared to try some if you're here this time of year. Even better if you do it while the *Spargelfest* (Asparagus Festival) is taking place — but that only happens every other year.

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Between you and me, buy yourself the *Hügelheimer Spargelkochbuch*, or Asparagus Cookbook in English. Trust me, you'll be the envy of all your friends if you make these recipes.

Don't worry about any of the calories, 'cause you're bound to work them off doing many of the outdoor recreational activities you'll find here in the [Upper Rhine Valley](#).

Swimming's a good way to workout, so long as you do it from May to September at the Erländersee. And the weather's pretty good most of the year, which might explain why the golf course is open year-round. Even if you don't like golf, the views of the surrounding [Black Forest](#) and [Rhine](#) make it worth it.

Of course you could always do the traditional kinds of activities, like hiking and cycling. In fact, why not trek along the nearby Pamina Cycle Route.

Rather watch than participate? OK then, come in the winter when a hockey game is going on at the local *Eisarena*, or ice arena; whereas summer lovers might appreciate the bobsledding instead.

Not too bad for a town that doesn't even measure fifteen square kilometers, does it? I didn't think so either. And the town even has quite an old church. The St. Lawrence Church was built more than 500 years ago, so I'd say it's really old.

I'd also say I'd like to go back to eating here in the *Spargeldorf* of Hügelsheim. See you all next time.