

Nachrodt-Wiblingwerde -- Cheese And Rape Oil In The Sauerland

Since I'm on this quest to tell you about [each and every German town](#), I was sorry to leave other towns behind. But by the time I got to Nachrodt-Wiblingwerde, in the [Sauerland](#) Mountains along the Lenne River Valley, I remembered why I was on this epic quest.

Honestly, it was the *Kornmühle* that kind of kicked me back into reality. It isn't a castle. Nor is it some medieval church. It isn't anything like that — just a simple half-timbered and stone house with a deeply angled roof and flower-boxed windows.

You'd think that'd be enough for me, but no. It's time to move on to the see the 16th century *Brenscheider Mühle*, right down from the *Brenscheider Ölmühle* (an Oil Mill), the latter of which is being used for oil extraction from rapeseed. It's quite interesting from the inside, though you'll need to make an appointment to take a look (which is well worth it).

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From here it's over to the *Dorfkirche St. Johannis*, or Village Church of St. John. This building's been around since the 1100's, built over a chapel that was even older.

There's another church you should see, the Evangelical Church Nachrodt, with its clock tower, thick stone walls, and rose window.

We shouldn't leave out the two cute lil' *Kornspeicher* buildings from 1596 and 1727. These two granaries are unique in that they can be found only here in this region of the Sauerland.

In between all the beautiful buildings in Nachrodt-Wiblingwerde you really need to get out on one

the 32 hiking trails that go on for some 250km. To make it easier to get around for all sorts of fitness levels, they're broken down into trails of less than 5km, less than 10km, and ones upwards of over 20km if you're really keen.

One of the prettiest is found along the Nahmertal, a forested valley that's also a good picnic spot.

Getting tired? Sit at one of the Summer Theater Group performances. Who cares if you don't speak German, make up your own words in your head.

Getting hungry? Go visit the *Käserei* (cheese dairy) in the village of Vesperde (Hinterveserde 3). This farmer produces ecological cheese himself — according to strict criteria.

I hope you don't need a swift kick to get you to enjoy Nachrodt-Wiblingwerde like I did. But, oh — ain't I glad I got one. ;-)