

Rödermark Offers Side-Splitting Entertainment Inside Out

Rödermark is a green area south of [Frankfurt](#) surrounded by rolling hills and fields. The trails through this area are very good and can be deceptively challenging.

If you do Nordic Walking you will notice that gentle hills get a lot less gentle at high speeds, and bikers may notice that the burn is more intense than they imagined. It's a place that looks easy to handle, and then surprises you will a good work out!

You can get in a surprising amount of exercise just exploring Rödermark. It's an area that has several different towns and hamlets linked under the German municipality laws. Each town is very old on its own.

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You may hear the locals sniping at each other a bit as old rivalries die hard. However, anyone will quickly tell you what is worth seeing in another area and point you in the right direction.

In the Rödermark area of Ober-Roden you can see the gothic church of St. Nazarius. As the biggest church around it is often called "the cathedral" although properly it isn't built to that scale. Another area, Urberach, has many new shopping areas and a redone central square. Yet for another kind of workout, you will want to keep your eyes peeled for the entertainment listings.

Rödermark's claim to fame in the modern age is that it is the birthplace and home of the comedy duo *Badesalz*. While they do tour nationally, they also put on many local shows. It's a quick back and forth with enough physical humor that you will enjoy it even if your German isn't that good. A show is good exercise for your funny bone, and you can follow the locals to the nearby pubs after the show for a chance to get to know them better and socialize.

In the summer the outdoor cafes and beer gardens on the old squares in the neighborhoods are especially good for this purpose.