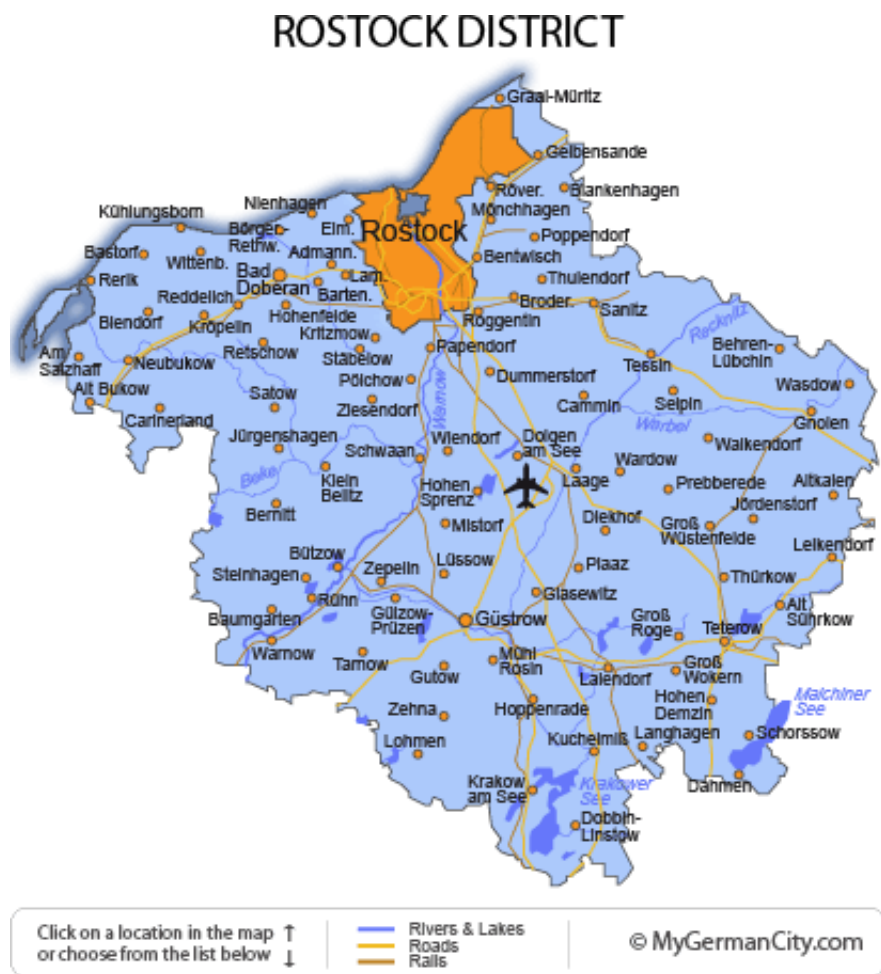


## Rostock District -- The Baltic Sea With Seaside Resorts

The coastal region of the Rostock District stretches along 62km (39mi) of the [Baltic Sea](#) in [North Germany](#). On the edge of the [Mecklenburg-Western Pomerania](#) state, it surrounds the university city of [Rostock](#) and has many seaside resorts and spas to its name.

### Rostock District Map



### Cities, Towns & Villages in the Rostock District

- Admannshagen-Bargesh.
- Alt Bukow
- Altkalen

- Alt Sührkow
- Am Salzhaff
- [Bad Doberan](#)
- Bartenshagen-Parkentin
- Bastorf
- Baumgarten (Bützow)
- Behren-Lübchin
- Benitz
- Bentwisch (Rostock)
- Bernitt
- Biendorf
- Blankenhagen
- Boddin (Teterow)
- Börgerende-Rethwisch
- Bröbberow
- Broderstorf
- [Bützow](#)
- Cammin (Rostock)
- Carinerland
- Dahmen
- Dalkendorf
- Diekhof
- Dobbin-Linstow
- Dolgen am See
- Dreetz (Bützow)
- [Dummerstorf](#)
- Elmenhorst (Rostock)
- Finkenthal
- Gelbensande
- Glasewitz
- Gnewitz
- Gnoien
- Graal-Müritz
- Groß Roge
- Groß Schwiesow
- Groß Wüstenfelde
- Grow Wokern
  
- Gülzow-Prüzen
- Grammow
- [Güstrow](#)
- Gutow

- Hohenfelde
- Hohen Spreng
- Hohen Demzin
- Hoppenrade
- Jördenstorf
- Jürgenshagen
- Kassow
- Kirch Mulsow
- Klein Belitz
- Klein Kussewitz
- Klein Upahl
- Krakow am See
- Kritzmow
- Kröpelin
- Kuchelmiß
- [Kühlungsborn](#)
- Kuhs
- [Laage](#)
- Lalendorf
- Lambrechtshagen
- Langhagen
- Lelkendorf
- Lohmen
- Lühburg
- Lüssow
- Mandelshagen
- Mistorf
- Mönchhagen
- Mühl Rosin
- Neubukow
- Nienhagen (Ostsee)
- Nustrow
- Papendorf (Rostock)
- Pölchow
- Poppendorf
- Reddelich
  
- Rerik
- Retschow
- Penzin
- Plaaz
- Prebberede

- Reimershagen
- Roggentin (Rostock)
- Rövershagen
- Rühn
- Rukieten
- [Sanitz](#)
- Sarmstorf
- [Satow](#)
- Schorssow
- [Schwaan](#)
- Schwasdorf
- Selpin
- Stäbelow
- Steffenshagen
- Steinfeld (Rostock)
- Steinhagen (Bützow)
- Stubbendorf (Grim.)
- Sukow-Levitzow
- Tarnow
- Tessin (Rostock)
- [Teterow](#)
- Thelkow
- Thürkow
- Thulendorf
- Vorbeck
- Walkendorf
- Wardow
- Warnkenhagen
- Warnow (Bützow)
- Wiendorf (Bützow)
- Wittenbeck
- Zarnewanz
- Zehna
- Zepelin
- Ziesendorf

To the south it touches the northern edge of the Müritz Lakeland. There it is filled with many lakes and waterways, including the large Insensee to the south of the district capital, [Güstrow](#), and the river Warnow running through from south-west to the north.

The whole area is very popular with the national population as a tourist destination, but the state as a whole is sparsely populated.

The town of [Bad Doberan](#) is one of the most popular bathing resorts in the area. It also used to be the summer ducal residence because of its great location, climate and vistas.

Neighboring Heiligendamm is one of the oldest seaside resorts in the country, and was the location of a G8 Summit in 2007.

And the delightful [Kühlungsborn](#) along the coast has a very long beachfront and wide promenade following almost its entire length.

Many of the coastal resorts in the Rostock District are linked by the narrow gauge steam railway known as the *Molli*, except for the beautiful town of Graal-Müritz which is the only resort on the “other side” of Rostock. It is locally famous for its extensive rhododendron gardens and certainly worth a visit.

Heading to the south of the Rostock District, the ancient figure of Henry the Lion is celebrated here — the most powerful prince of his time. His grandson founded the town of Güstrow over 800 years ago.

This is the location of a delightful 16th century Schloss sitting on a huge lake and with extensive landscaped gardens. It also has one of the best examples of a brick-gothic cathedral with their 13th century structure.

The forested nature park Nossentiner-Schwinzer-Heide sits to the south of the Rostock District and is a perfect location for outdoor activities. Although relatively flat, the scenery offered by the natural wetlands brings along all kinds of wildlife to the area — including ospreys.