Selters (Taunus) -- Sold On Seltzer In The Taunus Mountains

I know I make a lot of jokes (I know, some aren't even all that funny and I'm real sorry about that.) about drinking beer or imbibing on a glass (or two) of good German wines on occasion. But, it is my solemn promise that when it comes to the Hessian town of Selters, the aforementioned two drinks don't even cross my mind.

What's the catch, right? No beer? No wine? Have I hit my head and forgotten who I was for a minute there?

OK, I won't leave you hanging too long that I'm a victim of some sci-fi body snatcher alien. ;-)

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The catch is that Selters is known for "seltzer." Yeah, you know the whole carbonated water thing that everyone today thinks is some sort of new age beverage. Sure, two of the most popular are Perrier or San Pellegrino; but it was a 16th century German doctor (Jakob Theodor Tabernaemontanus) that touted its curative properties long before the 20th century health craze.

Learn all about it at Selters' Soda Fountain and Soda Water Museum. Learn how folks (both royal and peasant) came from all over to drink or soak in these curative waters as far back as the 8th century.

Here's my best tip, drink up. Because you're going to need to be hydrated so you can see the rest of Selters. This town lies within the mighty Taunus, so be prepared to hike and bike your way around some mighty pretty countryside.

And even though you're only about 5km to the spa town of Bad Camberg, there's no need to go

there (well, that is until you're totally done here) for any spa treatments. Selters has everything you could possibly need for all that.

And I know a lot of Selters' sightseeing involves a lot about the "water," but you should still make time to see its St. Christophorus parish church in Niederselters and the St. Petrus church in Eisenbach.

Hmm, I wonder if the church's holy water is carbonated? It would seem fitting, don't you think? ;-)