

In Sinzing Is The Oldest Restaurant Worldwide

Great. If I wasn't hungry before getting to the town of Sinzing I sure am now. This isn't even a normal "I need to nosh on something quick" hungry. No, this is a bring on the heavily laden "I need food to stick to my ribs" hungry.

I'm so glad that the Röhrl Restaurant can be of help. And this isn't your average, run of the mill, rustic cuisine fare either. This place is a Guinness Book of World Records holder, for being the oldest restaurant in the world — owned by the same family for more than 300 years (uh, Germans like to stick to tradition, don't they?).

If all you want is a drink, they can help you there too. There's a 400-seat beer garden.

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Now that everyone's well-fed and watered, time to go sightseeing. Start at the Wallfahrtskirche, built in 1020 then again in 1192. Oh yeah, and again after it was heavily damaged during [WWII](#).

War did more damage to Sinzing, the Niederviehhausen Castle was totally destroyed by the Swedes during the [Thirty Years' War](#), leaving only the 22-meter tower standing.

Schloss Oberviehhausen saw its fair share of problems during the Thirty Years' War too, but was able to be rebuilt — this time in a Baroque style instead of keeping its medieval origins.

The town's *Alte Kirche* (Old Church) is a medieval building, built in 1145. And the Middle Ages wasn't just about building castles and churches — wine making was done too. Sinzing was doing it right up until around the 17th century.

Too bad they stopped, but then again — the Röhrl Restaurant used to be a brewery, so they got beer instead. ;-)

You know what else Sinzing's got? Awesome rock formations since this is part of the [Franconian Jura](#). I know, means nothing to some — but trust me, the countryside is just beautiful, so find yourself a hiking trail and just walk.

And if you get hungry, remember you can always come to the Röhrl Restaurant — they're definitely not going anywhere.