

## Vulkaneifel District -- Where Spas Meet Volcanoes

As its name suggest, this area of the [Eifel mountains](#) has a history of volcanic activity. The aptly named Vulkaneifel District sits to the very north of [Rhineland-Palatinat](#) and borders onto [North Rhine-Westphalia](#).

### Vulkaneifel District Map

### Towns & Villages in the Vulkaneifel District

- Arbach
- Basberg
- Beinhausen
- Bereborn
- Berenbach
- Berlingen
- Berndorf
- Betteldorf
- Birgel
- Birresborn
- Bleckhausen
- Bodenbach
- Bongard
- Borler

- Boxberg (Daun)
- Brockscheid
- Brücktal
- Darscheid
- [Daun](#)
- Demerath
- Densborn
- Deudesfeld
- Dockweiler
- Dohm-Lammersdorf
- Drees
- Dreis-Brück
- Duppach
- Ellscheid
- Esch (Gerolstein)
- Feusdorf
- Gefell (Daun)
- Gelenberg
- [Gerolstein](#)
- Gillenfeld
- Gönnersdorf (Ger.)
- Gunderath
- Hallschlag
  
- Hillesheim (Eifel)
- Hinterweiler
- Höchstberg
- Hohenfels-Essingen
- Horperath
- Hörscheid
- Hörschhausen
- Immerath
- Jünkerath
- Kalenborn-Scheuern
- Kaperich
- Katzwinkel (Eifel)
- Kelberg
- Kerpen (Eifel)
- Kerschenbach
- Kirchweiler
- Kirsbach
- Kolverath

- Kopp
  - Kötterichen
  - Kradenbach
  - Lirstal
  - Lissendorf
  - Mannebach (Eifel)
  - Mehren (Daun)
  - Meisburg
  - Mosbruch
  - Mückeln
  - Mürtenbach
  - Neichen
  - Nerdlen
  - Neroth
  - Niederstadtfeld
  - Nitz
  - Nohn
  - Oberbettingen
  - Oberehe-Stroheich
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- Oberelz
  - Oberstadtfeld
  - Ormont
  - Pelm
  - Reimerath
  - Retterath
  - Reuth (Eifel)
  - Rockeskyll
  - Salm
  - Sarmersbach
  - Sassen (Eifel)
  - Saxler
  - Schalkenmehren
  - Scheid
  - Schönbach (Daun)
  - Schüller
  - Schutz
  - Stadtkyll
  - Steffeln
  - Steineberg
  - Steiningen
  - Strohn

- Strotzbüsch
- Übersdorf
- Udlar
- Uersfeld
- Ueß
- Utzerath
- Üxheim
- Wallenborn
- Walsdorf (Eifel)
- Weidenbach (Ger.)
- Welcherath
- Wiesbaum
- Winkel (Eifel)
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Its landscape is dotted with volcanic craters and lakes, with some great examples near to Manderscheid and [Daun](#) — the district capital. The largest and youngest crater lake is close to the abbey of Maria Laach, and the whole area is great for hiking and cycling.

Daun and [Gerolstein](#) are both health resorts due to the underground waters bursting forth from the mountains, the latter however is quite unusual in that it has lithium in the spring water — which is apparently very good for you if you want to spend a few hours there being pampered!

The Vulkaneifel District also has its share of great castles. Perhaps the most impressive is the 12th century Burg Eltz near Kelberg. It is perched on a 70m/230ft rock spur above the river, with towers over 40 meters (131 feet) in height and the main building being 8 stories high! And the descendants of the original owners still live here — over 8000 years later!