

## Bad Neustadt an der Saale -- A Long Name For A Long History

Bad Neustadt an der Saale in rustic [Lower Franconia](#) has been around since the Dark Ages (741 A.D.).

Not much remains of that time, though. Most of what stands today comes from the 13th thru 16th centuries. And today? It's a modern city that befits its name of "New City."

The 700 year old Salzburg Castle is one of those buildings that still remain and is a definite must-see. The Church Maria Ascension has stood here overseeing her town since the year 1050, and it was updated to the popular Gothic style in 1352.

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The High Gate, with its tower that stands 34 meters (approx 100 feet) high has also kept watch over Bad Neustadt since 1578. The Brendlorenzen Parish Church of Johannes der Täufer (John the Baptist) is one of the oldest churches in the region. For sure don't miss the Karmelitenkirche, this Baroque church is filled with artwork from the Late Middle Ages.

There are a few museums that explain in-depth the history and culture of this region of [Bavaria](#). The Rhön Museum is completely dedicated to the culture around the [Rhön](#), with many exhibits on local historical finds. Another great museum is the Archeological Museum (located in Bad Königshofen) with exhibits on the rich cultural history of [Franconia](#).

Another way of experiencing Bad Neustadt's culture is their Market Place Summer, a concert series on Saturday nights featuring everything from Oldies, to Jazz, Rock, and Latin music on the Market Square. There are also a few beer gardens around town to sit back and enjoy one of the

local brews.

No “bath city” is complete without the resident bath, and Triamare is THE place to relax! The Triamare Complex is completely designed to enhance the senses and the ultimate in relaxation and fun. Rest your tired feet in the bubbling foot basins, or sit back and enjoy the candlelight sauna and water couches. For something more active, Triamare has waterslides for both the indoor and outdoor pools.

Don't worry, the kids won't feel left out Triamare has activities for them, too. ;-)