

## Senden (Westphalia) -- Attractive Town For Active Holidays

There are more than 300 km of walking and cycling trails in Senden (Westphalia) and its surroundings.

Even when you will be in Senden only a short time you shouldn't miss the chance to make a trip to the nature reserve, Venner Moor. A great place to wander around and get lost. And inside the town there are two big parks: the municipal park and the castle park.

Apart from walking and cycling there are a lot of other outdoor activities that you can enjoy. Read on...

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On a hot day the big swimming pool Cabrio Senden with a giant slide, a mud bath and sauna, is the place to go. Other options are midget golf, canoeing and sailing. If you're up to the challenge there is even a climbing center with an non-too original name, "Great Wall."

Tired of all this walking, climbing and swimming? How about a visit to one of the many castles in the neighborhood? The Senden Castle, built in 1350, is the obvious first choice. It is a very evocative and imposing building built on a big island and protected by a wide moat.

Another great castle, a bit further afield, is the Nordkirchen Castle in [Nordkirchen](#), which is dubbed the Versailles of Westphalia.

In the center of town you can visit the Ruhr house (*Haus Ruhr*). Its origins go back to the 13th century, and it was once the residence of the nobility of Senden. Now it's an archive which contains centuries-old documents and manuscripts. The book collection of Jodocus Hermann

Nünning is also kept here.

Always wanted to learn how to bake bread in a traditional way? Here is your chance. There is a traditional bakery which organizes workshops. You'll learn how to bake bread like they did it in this region for centuries. At the end of the workshop you can feast on your own bread and traditional spreads.